

New Mexico Medicaid

Medically Tailored Home Delivered Meals

This factsheet provides information on the Food Is Medicine benefit for Community Benefit (CB) members, which is medically tailored home delivered meals. This benefit is under the Turquoise Care 1115 waiver and includes up to two home-delivered medically tailored meals per day.

The effective date for Agency-Based CB Home-Delivered Medically Tailored Meals (MTMs) is July 1, 2025. It is anticipated that Self-Directed CB (SDCB) MTMs may be implemented in 2026, and HCA will provide additional guidance to the MCOs and update this factsheet prior to the SDCB MTMs implementation.

Service Description:

CB Home-Delivered Medically Tailored Meals (MTMs): CB MTMs are fully prepared meals that are designed by a professional registered dietitian nutritionist (RDN) to meet the unique nutritional requirements of members with various health conditions. As with all CB services, they are authorized by the members' MCO. Up to two meals per day may be provided for eligible CB members.

Who's eligible:

Eligible Members: Turquoise Care members in Care Coordination Level 2 (CCL2) who meet a Nursing Facility Level of Care (NF LOC) and receive Agency-Based Community Benefit (ABCB) services may be eligible based on their comprehensive needs assessment (CNA).

Covered Services and Limitations:

CB Medically tailored home delivered meals are provided on a regularly scheduled basis, for one or more days per week, or as specified in the comprehensive care plan (CCP), in a non-institutional, community-based setting. The MCO care coordinator will assess the need for CB MTM during the in-person comprehensive needs assessment. Services will be provided consistently with the member's person-centered care plan.

- Meals provided as part of this service shall not constitute a "full nutritional regimen" (3 meals per day).
- The receipt of MTM may reduce, but not replace, needed Personal Care (PCS) hours allotted for meal preparation. For example, MCOs must allow time for defrosting and heating meals as needed to ensure that members are able to consume CB MTMs.
- CB MTMs are not provided to CB members who reside in a licensed assisted living facility (ALF).

- CB MTMs may be provided to members who receive adult day health (ADH) services, if MTMs are not provided at the licensed ADH facility.
- CB MTMs may not be provided if the member already receives full medically tailored nutritional support from another program.

Billing and Reimbursement:

- Procedure Code:** CB Providers with provider type 363 and specialty type 330 will bill procedure code S5170.
- Units:** One meal is one unit. Two units are allowed per day.
- Reimbursement:** MCOs should reimburse providers at a minimum of \$8.00 per home delivered meal.

For more information: Please see TC MCO Letter of Direction #57

www.hca.nm.gov/wp-content/uploads/Final-LOD-57-Community-Benefit-Medically-Tailored-Home-Delivered-Meals.pdf