

How to Keep Your SNAP Benefits

Many adults ages 18–64 who do not have an exception **must complete 80 hours of work, volunteer, or qualifying job training programs** each month to **keep SNAP benefits**.

▶ Learn more at HCA.NM.GOV/snapchanges



Follow these steps to keep your SNAP benefits:

1 Complete New SNAP Requirements

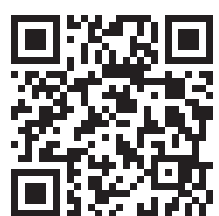
Work, volunteer, or take part in qualifying job training programs for **80 hours each month** if the rule applies to you.

2 Keep Records

Keep copies of **pay stubs, volunteer logs, or job training forms**.

3 Provide Proof

Gather required documents and **upload** them to YES.NM.GOV during your initial application, SNAP renewal, or if your activity hours drop below **80 hours a month**.



Learn more about the **new SNAP rules** and see a **list of exceptions** at HCA.NM.GOV/snapchanges