

**NEW MEXICO SENIOR FOOD BOX PROGRAM  
COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP)  
SERVICES REFERRAL INFORMATION**



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**SUPPLEMENTAL SECURITY INCOME (SSI)**

SSI provides monthly payments to people with disabilities and older adults who have little or no income or resources.

For information, please visit: <https://www.ssa.gov/ssi>

To locate your local office, please visit: <https://secure.ssa.gov/ICON/main.jsp>

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**MEDICAID AND MEDICARE**

Medicaid is both a state and federal program. It gives health insurance to and pays certain bills for those who qualify. Medicare is health insurance for people 65 or older. You may be eligible to get Medicare earlier if you have a disability, End-Stage Renal Disease (ESRD), or ALS (also called Lou Gehrig's disease). Some people get Medicare automatically; others must actively sign up—it depends if you start getting retirement or disability benefits from Social Security before you turn 65.

For information on Medicaid, please visit: <https://www.medicaid.gov/>

To locate your state agency contact, please visit: <https://www.medicaid.gov/about-us/where-can-people-get-help-medicaid-chip>

For information on qualified Medicare beneficiaries, please visit: <https://www.medicare.gov/>

To locate your Regional Office contact, please visit: <https://www.cms.gov/about-cms/where-we-are/regional-offices>

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**SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)**

SNAP provides food benefits to low-income families to supplement their grocery budget so they can afford the nutritious food essential to health and well-being. It is possible to receive SNAP or FDPIR (Food Distribution Program on Indian Reservations) and CSFP and TEFAP. It is not allowed to receive SNAP and FDPIR.

For more information call **1-800-283-4465** or visit

[Supplemental Nutrition Assistance Program \(SNAP\) - New Mexico Health Care Authority](#)

For information, please visit: <https://www.fns.usda.gov/snap>

To locate your state agency contact, please visit: <https://www.fns.usda.gov/snap/state-directory>

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**SENIOR FARMERS' MARKET NUTRITION PROGRAM (SFMNP)**

SFMNP is a federal nutrition assistance program that provides low-income seniors with seasonal benefits that can be exchanged for eligible foods directly from farmers, farmers' markets, roadside stands, and community-supported agriculture programs (CSAs). CSFP and SFMNP work in tandem to serve the low-income senior population and help meet their nutritional needs. Connecting CSFP participants with SFMNP creates new opportunities for American farmers to connect with Federal nutrition assistance programs.

season.

For more information, please visit: <https://www.fns.usda.gov/sfmnp>

To locate your state agency contact, please visit: <https://www.fns.usda.gov/sfmnp/program-contacts>

For more information, please visit: <https://www.nmwic.org/fmnp/>



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To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, [AD-3027](#), found online at How to File a Program Discrimination Complaint and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

**Mail:**

U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Mail Stop 9410  
Washington, D.C. 20250-9410

**Fax:** (202) 690-7442; or **Email:** [program.intake@usda.gov](mailto:program.intake@usda.gov)

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**SNAP DOUBLE UP FOOD BUCKS  
FARMERS' MARKET NUTRITION PROGRAM**

Get more fruits and vegetables when you spend your SNAP EBT Card dollars at participating farmers' markets, farm stands, mobile markets and grocery stores. It's easy with Double Up Food Bucks!

For more information: <http://www.doubleupnm.org/how-it-works/>

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**NEW MEXICO AGING & LONG-TERM SERVICES DEPARTMENT (ALTSD)  
1-800-432-2080**

**If you suspect an adult is being abused, neglected, or exploited,**  
Call Adult Protective Services Statewide Intake, Toll-free at **1-866-654-3219**  
[Home | NM Aging & Long-Term Services](#)

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**COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP)**

CSFP works to improve the health of low-income persons at least 60 years of age by supplementing their diets with a monthly food package of nutritious USDA foods. Food packages include a variety of foods, such as non-fat dry milk, shelf stable UHT 1% milk, juice, hot or ready-to-eat cereal, rice or pasta, peanut butter or dry beans, canned meat or poultry, tuna or salmon, and canned fruits and vegetables.

It is possible to receive SNAP or FDPIR (Food Distribution Program on Indian Reservations) and CSFP and TEFAP. It is not allowed to receive SNAP and FDPIR.

For more information call **1-800-648-7167** or visit

[Commodity Supplemental Food Program - New Mexico Health Care Authority](#)

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**THE EMERGENCY FOOD ASSISTANCE PROGRAM (TEFAP)**

TEFAP is a federal program that helps supplement the diets of low-income Americans, including elderly people, by providing them with emergency food and nutrition assistance at no cost. USDA provides food and administrative funds to States to supplement the diets of these groups.

It is possible to receive SNAP or FDPIR (Food Distribution Program on Indian Reservations) and CSFP and TEFAP. It is not allowed to receive SNAP and FDPIR.

For more information call **1-800-648-7167**

[Emergency Food Assistance - New Mexico Health Care Authority](#)

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**LOW INCOME ENERGY ASSISTANCE PROGRAM (LIHEAP)**

**LOW INCOME WATER ASSISTANCE PROGRAM (LIWAP)**

LIHEAP assists eligible persons and families with their heating or cooling costs. Applications for the program are accepted at your nearest Human Services Department Office or through the YesNM Portal. To qualify, you must be responsible for paying heating costs and meet specific income guidelines based on household size.

For more information call **1-800-283-4465**

[Low Income Home Energy Assistance Program - New Mexico Health Care Authority](#)

To apply for LIHEAP: <https://www.hca.nm.gov/lookingforassistance/apply-for-benefits/>

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**TEMPORARY ASSISTANCE FOR NEEDY FAMILIES (TANF)**

The Temporary Assistance for Needy Families (TANF) program, known in New Mexico as NMWorks, provides a monthly cash benefit used to meet basic family needs such as housing, utilities and clothing.

For more information call **1-800-283-4465** or visit

[Temporary Assistance for Needy Families - New Mexico Health Care Authority](#)  
To apply for TANF: <https://www.hca.nm.gov/lookingforassistance/apply-for-benefits/>

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