

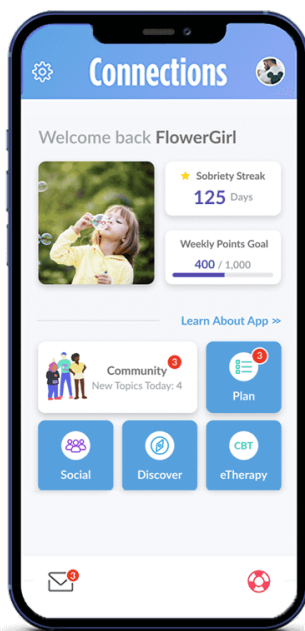


# Connections for Recovery

The NM Human Services Department provides App-based support for treatment and recovery of substance use disorder

The **New Mexico Human Services Department (HSD)** partners with **CHES Health** to engage New Mexico's behavioral health providers in the **Connections for Recovery** Initiative.

The **Connections for Recovery** Initiative includes evidence-based strategies that are crucial to address the financial and human toll of the substance use disorder (SUD) epidemic.



CHES Health is the leading provider of service-enabled technology supporting the entire addiction management and recovery lifecycle.

**HSD & CHES Health** will provide a set of evidence-based digital tools and peer support as an extension to treatment and therapy for SUD. This initiative seeks to engage providers to help:

- Increase treatment adherence and support individuals on their path to recovery
- Adopt strategies to address the needs of high risk or special populations such as pregnant women and families, justice-referred populations, or rural communities
- Measure the impact of efforts and utilize data to adopt best practices across diverse populations

# Invitation for Providers to Participate in the New Mexico Connections for Recovery Initiative

## Dear Providers and Agencies:

I am pleased to extend this invitation to participate in the **Connections for Recovery** initiative. The initiative includes the **Connections App**, a component of the **eRecovery** solution from **CHES Health**.

The **Connections App** is an evidence-based smartphone app that helps individuals adhere to their treatment plan and stay in recovery. New Mexican treatment providers and agencies play an important role in this initiative by introducing the app to their patients. Providers are encouraged to offer the **Connections App** to patients so that they can be part of a safe, supportive online community which reduces isolation, build social relatedness, and reinforces coping skills. **CHES Health Peers** provide 24/7 support to individuals in the **Connections App**. Providers may use the **CHES Dashboard** which allows the provider functionality to track patient recovery progress, encourage and follow the patient's completion of digital Cognitive Behavioral Therapy (CBT) lessons, stay engaged with their patients through group discussions and/or 1:1 messaging, and more. CHES and local peers will also be engaging with patients through the app leading/moderating discussion groups.

Best of all, the cost of **eRecovery** is covered by New Mexico Human Services Department, Behavioral Health Services Division, and **there's absolutely no cost to providers or patients**.

If you have specific questions or would like a personal discussion regarding this initiative, feel free to contact **Renee Edwards**, HSD at [Renee.Edwards@state.nm.us](mailto:Renee.Edwards@state.nm.us) or **CHES Health** at [nm-support@chess.health](mailto:nm-support@chess.health).

Sincerely,

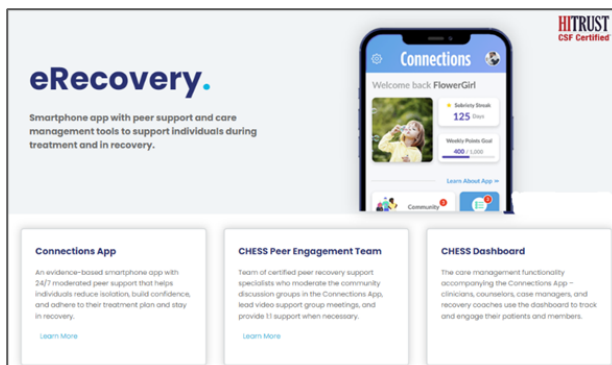
*Neal A. Bowen*, PhD

Director, Behavioral Health Services Division, NM Human Services Department

## Visit CHES Health eRecovery

@ [www.chess.health/erecovery/](http://www.chess.health/erecovery/)

- See the support the **Connections App** offers
- Get more information about the **CHES Peer Engagement Team**
- Learn more about the **Chess App Dashboard**



The screenshot displays the eRecovery website layout. At the top left, the 'eRecovery' logo is accompanied by the text: 'Smartphone app with peer support and care management tools to support individuals during treatment and in recovery.' To the right is a smartphone mockup showing the 'Connections' app interface with a 'Welcome back FlowerGirl' message, a 'Safety Score' of 125, and a 'Weekly Points Goal' of 400. A 'Learn About App' button is visible on the phone screen. Below the phone are three informational boxes: 'Connections App' (describing the app's purpose), 'CHES Peer Engagement Team' (describing the support team), and 'CHES Dashboard' (describing the provider management tools). A 'HITRUST CSF Certified' logo is in the top right corner.

## Provider Education and Participation

For more information about the **Connections for Recovery** Initiative or to participate, contact **CHES Health** at [nm-support@chess.health](mailto:nm-support@chess.health) or **Mark Garnand** at [Mark.Garnand@state.nm.us](mailto:Mark.Garnand@state.nm.us).

The implementation process is fast and easy. Implementation steps are:

- Provider / **CHES** discuss current and future state workflows
- Identify provider staff
- Schedule product training (30-minute session)
- Once trained, provider staff are ready to enroll & onboard patients to **Connections App**
- Go-live complete!