

BHPC Meeting Minutes October 9th, 2024 9am-12pm

Present:

Susie Kimble, BHPC Vice Chair, Mesilla Valley Jane Jackson Bear, Chair of BHPC Seth Damon, Deputy Secretary at IAD Jacqueline Nielsen, Deputy Director, BHSD Natalie Rivera, BHPC Liaison Mariah Kennedy, CPSW with BHSD/BHPC, NM CBBHP Jaime Campbell, BHPC Member Dr. Royleen Ross, BHPC Member Noreen Kelly, BHPC Member Christine Fuller, DVR, BHPC Member Monica Miura, CASC Chair, BHPC Member Patricia Vigil, LC-18-member, BHPC Member Lonna Valdez, Council member Patrick Beyers-Smith, CPSW, BHPC Member Jeremy Lihte, BHC/ ASAM Co-Chair Paul Jenkins, ASAM Co-Chair, BHPC Member Cynthia Romero, Block Grant Coordinator Stacey Keener, BHPC Member Trinidad Arguello, BHPC Member Carmela Quitugua, IAD, BHPC Member Lisa Howley, BHSD Housing Specialist Lisa Trujillo, BHPC Member Stacey Keener, BHPC Member Carol Luna-Anderson, LLTI, BHPC Member Tami Spellbring, BHSD Deputy Director Wendy Linebrink-Allison, BCBS Wendy Price, Psy.D., NMCD, BHPC Member Amber Grewal

Anjali Dasari

Art Salazar, PHP

Athena Huckaby, Ideal Option, ASAM Co-Chair

Carmen Bliss, PHP

Christopher Miller

Corey Roybal

Craig Hay

Cynthia Romero, BHSD

David Romine

Denise H

Denise Leonardi, MD.

Dr. Julia Gallegos

Elisha Mahboub, BCBSNM

Georganne Benjamin

Jennifer Patton

Jessica Urioste, BCBSNM

Jolene Martinez

Kris Gomez

Linda Atencio, United Health Care

Mark Garnand, BHSD

Rachel O' Connor

Ray Duran, BHC

Ricky Martinez

Rose Nelson, Molina Healthcare

Rosella McCaffrey, NM Crisis and Access line program manager

Shari Roanhorse-Aguilar, Molina

Sindy Sacoman

Sona Saiz, NM PED

Stacy Burns

Stacy Martin

Land Acknowledgment by Jane Jackson-Bear

Approval of Agenda- Paul Jenkins motioned to approve the agenda Susie Kimble seconded the motion, the motion passed.

Approval of August Meeting Minutes- Noreen Kelly motioned to approve the August meeting minutes as is, Carol Luna-Anderson seconded the motion, the motion passed.

BHSD Staff Leadership Introduction

• Annabelle Martinez, Deputy Director, Stakeholder Collaboration

Recovery Communities of NM-September Recovery Events by Tom Stark

During the month of September RCONM held 28 different recovery events throughout the entire state of NM. 6 events took place in ABQ. From Recovery Art Shows, to Hero Runs, to Recovery Car Shows and Beautiful culture filled Powwow's, there were many amazing events with great turn outs and many amazing vendors. This year we were able to support a few of the new Recovery Café's that are popping up around NM. These Recovery Cafés are a great concept and RCONM was happy to be able to support them in their events. We wrapped up the events as usual with the Main Event ABQ Celebrates Recovery which had a great turn out.

RCONM is looking to BHSD to find a theme for next year's Recovery Month, around the initiatives that people are seeing needing the most attention.

An idea Tom spoke about is gearing these events more towards our youth because that is where we see a lot of people's addiction start.

Annual Report

Susie shares that she has no information for the annual report because she has not gotten anything for goals and recommendations from the Sub-Committee's. Susie and Jane will need Half a page on what each Sub-committee has done and focused on for the past year. These reports were originally asked of the sub-committee's to be done by the end of August but, will now need to be turned in by October.

It is very important that this gets turned in so it can show what we are doing within our committee's and within the BHPC as we are a governor appointed committee.

Sub-Committee Reports/ Recommendations

At every planning council meeting the sub-committees provide a report to the BHPC as well as for the annual report each year, each sub-committee will need to provide a report of what they have been working on for the year to be put into the annual report.

The recommendation process is this: Any recommendation being made must first go through the sub-committee it pertains to, the group then must approve the recommendation to be brought to the executive-committee, once it's approved at the executive committee it will be brought to the BHPC for a final vote.

Questions/ comments concerning this:

Monic Miura along with others share that it would be helpful to have some type of 'road map' or resource binder explaining the different roles and expectations of the chairs and co-chairs of the sub-committees.

Roles and Responsibilities of the Sub-Committee's

It was heard around the group that people feel they need a clear description on what the roles and responsibilities of each sub-committee are. The roles of the Sub-committees are to bring recommendations to the BHPC based on the expertise of the group and their certain focus.

Strategic Planning for the Sub-Committee's-

As of right now a Strategic Planning Facilitator is being sought out to come help facilitate a Strategic Planning Session for the Sub-Committee's, to come up with a clear path forward for all sub-committees. There should be more word on this at the next BHPC Meeting.

Discussion of changing the Sub-Committee meeting dates

It was talked about at the most recent Executive meeting that we may need to change our Sub-committee meetings to be earlier in the off numbered months, and move the Executive meeting to later in the month in order to give time in-between the sub-committee meetings and the council meetings for the sub-committees to be able to work on their reports along with any recommendations they may want to bring to the executive team to vote to be brought to the council.

Susie states that it's not being said that the sub-committee's must change their meeting dates, it is up to the sub-committee's when they want to meet.

Comments/questions on changing the sub-committee meeting dates:

Paul Jenkins, Co-Chair of ASAM, suggests that the meeting be held the second week of the odd numbered months, and the sub-committees can decide on either Tuesday or Wednesday.

Monica Miura asks if we could have a schedule of what the new meeting schedule would look like because she knows everyone's schedules are busy and we must see what will work for everyone.

Noreen Kelly, shares that it would be nice to have a roadmap.

Carol Luna-Anderson, shares that she is very much in favor of us switching the meeting dates due to needing more time in-between to come up with recommendations, etc.

Carol shares that she believes having a consistent schedule could really make a huge difference.

*Susie shares with the group that we will have a mockup meeting calendar for the meeting in December so that we can discuss the changes at the December meeting. Susie shares that the purpose of this is to be able to be more efficient with our meetings.

Sub-Committee Updates

CASC Update by Monia Miura

- Monia speaks of the n search for a CASC Chair and Co-Chair position. Monica -puts a shout out to the BHPC for anyone who may be interested in running for CASC Co-Chair. Natalie Rivera is working on getting representation from CYFD for the Co-Chair position that is supposed to be covered by a CYFD employee.
- Yesterday CASC had a presentation on the recommendations from the Restraint and Seclusion Working group that was made up of school folks as well as legislative folks, community members, families, and providers. Michelle Tregembo from the state Ombudsman's office was able to report on this for the CASC due to her presenting it for the Developmental Disabilities Council.
- O CASC talked about possibly having a one-day youth summit due to the dire need in our communities for more attention on our youths Behavioral Health. There was talk about needing more attention on youth and prevention therefore an event was talked about being put in place. We would need CYFD and PED support for this which is the next step in beginning the planning process for a future youth summit.
- CASC has been going over their Recommendations and procedure process to see if there
 is anything needing to be added. One thing decided by the group that needs to be added is
 something around Prevention.
- Pertaining to the CASC recommendations, Sonia Siaz has volunteered to look over the PED recommendation. Sonia is in a new position with NM PED working in the BH and Healthy Schools department.

NASC Update by Deputy Secretary Seth Damon

- o Patricia Vigil was seated as the official new Co-Chair of the NASC.
- o NASC is working with the LC's and Tribal supported entities to work on putting together more events for the coming year.
- NSAC is working with LC 14,16, and 18 on a lot of different initiatives that the LC's are working on along with different trainings and in person events/meetings.
- o NASC is also working to reengage LC 17.
- o Through the month of Oct, NASC will be working on a few different outreach events.
- o NASC will be holding a Mini Summit at the Rout 66 Casino Nov 15th. They are working together with the LC's and BHPC to plan the event.
- o Deputy Damon introduced a new member of IAD, Karmela Martinez.

ASAM Update by Paul Jenkins

o ASAM spent their two-hour meeting the prior day going over areas of concern and establishing priorities and recommendations.

- o ASAM came up with 3 priorities surrounding Substance Use and 3 priorities around Mental Health as well as others.
- o There was talk with the ASAM group about changing the name/acronym of ASAM.
- o For a full list of ASAM Priorities please reach out to Paul Jenkins.

MAC update By Carol Luna-Anderson

- Carl talks about the 115 waiver that was recently approved in July 2024. The process taking place right now for this waiver is implementation and coming up with guidelines. The HCA presents the waiver application to the federal government and then it is reviewed. The first part of the waiver was approved in December.
- o Housing barriers are a huge concern -Lisa Howley with BHSD has been working very hard to expand and to get housing budgets endorsed through this waiver.
- o SAMSHA is requiring each Medicaid in the state to make changes to their council and committee structure. Therefore, requiring HCA and Medicaid in our state look at the membership of the committee, and that there be a second council form; a subgroup which will be made up of persons who are the beneficiaries of Medicaid; this includes adults receiving Medicaid, parents of children who receive Medicaid, etc. To bring this about the Medicaid Advisory Board has brought about 2 sub-committees to look at this implementation. This is to begin next year. The membership and the bylaws are being looked at in accordance to this change being implemented by SAMSHA.

MCO Updates-

Presbyterian Health Plan Update

- Presbyterian Health Plan (PHP) launched a new contract, "Children in State Custody"
 (CISC), focused on supporting youth under state care. Our teams are actively serving
 these children, ensuring they receive essential services, including physical health care
 (immunizations, vision, dental) and mental health support. Additionally, PHP
 collaborates with caregivers and families to provide comprehensive support during this
 sensitive period.
- Children entering the system receive a care package from PHP containing toiletries, a soft blanket, and a backpack, along with a personalized note to offer comfort.
- PHP has participated in several recovery events across the state, including those in Chimayo, Las Cruces, and the Alb. Celebrates Recovery and New Day event, as well as gatherings in Taos and Farmington.
- All peers working with PHP are required to be SOAR (SSI/SSDI Outreach, Access, and Recovery) Advocates. There has been a significant increase in housing referrals, reflecting a substantial rise compared to previous years.
- PHP recently completed the analysis of its Mental Health Statistics Improvement Program (MHSIP) data and looks forward to presenting the findings at various group meetings.

• PHP continues our training programs with a focus on Mental Health Frist Aid, Suicide Prevention, and various other mental health related offerings.

Announcement:

Jane Jackson-Bear announces that she will be taking a position in Nevada and therefore will have to resign from her position as Chair of the BHPC. Susie Kimble will step In as chair-cochair of the council until the group is able to vote on a new chair.

If there is anyone who would like to run for Chair of the BHPC please reach out to Susie Kimble.

Behavioral Health Day 2025

- -THE DATE IS FEB 26TH FOR BH DAY AT THE ROUND HOUSE
- -We are trying to put together a team for the planning of BH day, if anyone is interested in being on the planning team, please reach out to Natalie Rivera.
- -Council meeting likely the 24th of Feb.
- -Natalie shares that this year, there has been talk of a Youth Summit.
- -Susie Kimble shares that we need representation for the planning of BH day from each sub-committee.

Meeting Adjourned.