

# BHPC Meeting Minutes December 11<sup>th</sup>, 2024 9am-12pm

**Present:** (if those present at the meeting are not listed it is because they did not sign into the chat with their name and agency)

Susie Kimble, BHPC Vice Chair, Mesilla Valley

Jennifer Burke, The newly appointed Chair of the BHPC

Jacqueline Nielsen, BHSD

Natalie Rivera, BHPC Liaison

Mariah Kennedy, Scribe for meeting, Peer advocate presenter for CSR

Jaime Campbell, Peer member of BHPC

Jason Martinez, BHSD, Presenter for CSR

Melissa Beery, Youth Peer Advocate Presenter for CSR

Monica Miura, CASC Chair

Annabelle Martinez, BHSD

Carol Luna-Anderson, MAD

Chris Wendel, Facilitator for BHPC Strategic Planning

Cynthia Romero, BHSD Grant Coordinator

Stacey Keener

Lisa Trujillo

Brandon Estrada

Kitty Wolf

Athena Huckaby

**Emily Kaltenbach** 

Dr Royleen Ross

Sonia Siaz
Greg Lujan
Jeremy Lihte
Tom Stark, Strategic Planning Facilitator for BHPC
Wendy Price
Paul Jenkins
Betty Downes
Carmela Quitugua

# **Land Acknowledgment by Natalie Rivera**

**Approval of Agenda-** Noreen Kelly motioned to approve the agenda Stacey Keener seconded the motion, the motion passed.

**Approval of October Meeting Minutes-** Carol Luna-Anderson motioned to approve the October meeting minutes as is, Paul Jenkins seconded the motion, the motion passed.

#### **New BHPC Member Introduction**

- Emily Kaltenbach

### Discussion of BHPC Chair-

As the council is now aware, our former Chair Jane Jackson-Bear moved out of the state to pursue a new position. The Chair position is now open for the BHPC. Jennifer Burke has been nominated and now the process will be to vote.

## A little about Jennifer Burke:

Jenifer Burke is the director and CEO of Serenity Mesa which is a substance use treatment center that caters to adolescents.

Jenifer has an extensive background in leadership and facilitation, she has served on multiple boards, for instance, Serenity Mesa is a non-profit and therefore

Jennifer runs a board of directors for the center, which adds to her extensive experience in running a board of members.

⇒ The vote was unanimously in favor across the board, for Jennifer Burke to act as the new Chair of the BHPC.

# Sub-Committee Reports/ Recommendations

At every planning council meeting the sub-committees provide a report to the BHPC as well as for the annual report each year, each sub-committee will need to provide a report of what they have been working on for the year to be put into the annual report.

The recommendation process is this: Any recommendation being made must first go through the sub-committee it pertains to, the group then must approve the recommendation to be brought to the executive-committee, once it's approved at the executive committee it will be brought to the BHPC for a final vote.

#### **CASC Recommendations**

#### All Child-Serving and Behavioral Health Agencies Recommendation:

All State agencies that serve children and families (whether infant, early childhood, school age or transition age) integrate the full continuum of peer supports (certified family peer, certified youth peer and certified adult peer) whichever is most appropriate into the service provision programs they fund and support, and that they include contracting with family-run and peerrun agencies and native-run agencies to assist when State agencies do direct work with families. Create a "no-wrong door" approach to accessing peer services within all child-serving and behavioral health systems.

CASC recommends that the BH Collaborative host a round table discussion with the BH Planning Council, its sub-committee members, and other knowledgeable stakeholders on the many ways that the full continuum of peer supports could be incorporated into State agency funded programs.

#### State agencies that could be utilizing certified peer supports that are not:

**ECECDC** – within Family Resource Centers, Cara Programs, Home Visiting Programs, Fit Programs, Childcare Programs in parent mentors, parent liaisons, parent navigator positions. **CYFD CPS and JJS** – Certified Family Peer and Youth Peer to assist in system navigation, advocacy and support.

**PED** – school or district liaisons and advocacy positions utilizing parent involvement dollars.

#### **PED Recommendations:**

PED fund and support School Districts to choose district-wide Social Emotional Learning (SEL) models and to incorporate integrated proactive social emotional and culturally responsive curriculum within all schools that start from kindergarten through graduation that teach and promote (at the appropriate developmental age) children's mental health wellbeing and substance use prevention that also create a feeling of safety and build upon children's skills to seek help and support when needed. Fund schools to create places and hire specific personnel (could incorporate certified family and/or youth peer support staff) that assist families to access help for their children, or youth to reach out for help if they are in distress. Encourage schools to be one of the places that could be relied upon for kids to get the help that they need.

**PED** Consider use of Quality Service Review for Yazzie/Martinez improvement efforts to better target where improvement, cultural responsiveness, programs, and funding need to be concentrated.

**PED** – Centralized online special education training center for all District Administration and teachers to ensure equal access and consistent training for all Districts. Specific areas of training particularly concentrated on Positive Behavioral Support approaches, and IEP creation, and "how-to" behavioral support processes to include data collection, functional behavioral assessments, behavioral Intervention plans, autism supports, trauma informed classroom models, cultural competency, dyslexia teaching techniques etc. Regional Educational Cooperatives could address supplementary training as needed for their communities.

#### **CYFD Recommendations:**

**CYFD** - Use Quality Service Review (QSR) in significant enough numbers to drive Kevin S improvement and native cultural competency efforts. Recommend that CYFD raise their QSR numbers to 100 the first year and increase reviewed case numbers by 50-100 each subsequent year until sufficient.

100 CYFD cases reviewed in first year:

15 CYFD Children enrolled in wraparound

10-15 ICWA/Native involved youth

10 Dual CPS and JJS involved youth

5-10 sampling per community – 5 per small community, 10 for larger communities – start with communities of largest concern.

**CYFD BHS, BHSD, MAD** – Raise Medicaid rate for behavioral respite and create a comprehensive plan to increase the number of providers that provide respite. Also consider creating RFPs to support agencies in communities with wraparound programs to develop programs to be trained to provide behavioral respite. Require agencies that provide wraparound to either provide behavioral respite or to identify another agency that can provide

the respite for wraparound enrolled youth when needed. Utilize a culturally responsive behavioral respite model and ensure that the agencies that are providing respite are trained in the model and are monitored for fidelity to the model. Create a more robust service delivery definition which includes provision of service in multiple locations and settings, such as in home respite and in-community respite to increase flexibility and individualization and to reduce facilities costs.

**CYFD BHS, BHSD, HSD, MAD** - Raise Medicaid reimbursement rates for Peer Services – adult, family and youth to be equal or greater to the CCSS costs as it is a more comprehensive service.

**CYFD, BHSD, HSD, MAD** – Raise reimbursement rates for Children's Day Treatment Programs to ensure that children can remain in their homes when a higher level of support is needed and to increase this service across the State to reduce the use of residential, treatment foster care or out of home placements.

# **Voting process:**

⇒ The BHPC unanimously voted to pass all the CASC recommendations.

#### **Next Steps in CASC Recommendations:**

Monica will clean up the document and add a little background to some of the recommendations > then we will send out the documents to the appropriate agencies and persons by the end of December.

# Sub-Committee meeting date changes

It was talked about at the most recent Executive meeting that we may need to change our Sub-committee meetings to be earlier in the off numbered months, moving the Executive Team meeting to later in the month, in order to give time in-between the sub-committee meetings and the council meetings for the sub-committees to be able to work on their reports along with any recommendations they may want to bring to the executive team to vote on, to ultimately be brought to the council.

CASC decided to have their meetings the 2<sup>nd</sup> Tuesday of the month, on ODD numbered months instead of even numbered months.

ASUM has decided to also meet on the  $2^{nd}$  Tuesday of the ODD numbered months- ASUM talked about possibly meeting from 10:30 - 12:00pm to add a little more time for the meeting.

NASC has decided to keep their meetings as is – NASC meets on the 1<sup>st</sup> Wednesday before the Executive Council meeting on EVEN numbered months.

The sub-committees are allowed to change their time and length of their meetings.

# Sub-Committee Reports (ASUM, CASC, NASC)

#### CASC Update by Monia Miura

- Monia shares about our meeting yesterday where the CASC had a rich and engaging discussion with Rose Lopez who is now retired from her long-time career working with Justice Involved and Incarcerated adults. After years of working with the adult population Rose was called to work with the youth who are justice involved, as a caseworker. Rose also worked with PB&J and has extensive knowledge on QSR. There was a lot of talk about the lack of accountability for the best practices and utilization of the children's code by the individuals who oversee caring for these adolescents. Rose and the CASC had a very important conversation around the issues Rose and others have been seeing in the Justice Involved Children's world and how there needs to be changes made and accountability from the top to the bottom of the people serving our children.
- CASC has really been looking at how do we focus on prevention for our youth so that we
  are catching them before they get into the system? That there needs to be a lot of focus
  on prevention that we are not seeing right now when it pertains to children.
- o Sonia Siaz with PED has volunteered to present to the CASC on Restorative Justice.

#### NASC Update by Carmela Quitugua

- NASC recently had a workshop held at Route 66 Casino, that was aligned with the "Rock your Mocks, campaign" LC 14, 15, 16 and 18 were all able to participate in this event.
   The workshop was a time for aligning strategic planning as well providing a couple different small trainings by the Indian Health Board and Dr Layne K.
- NASC is working with the LC's and Tribal supported entities to work on putting together more events for the coming year.
- NSAC is working with LC 14,16, and 18 on a lot of different initiatives that the LC's are working on along with different trainings and in person events/meetings.
- NASC has decided to keep their meeting times the same, due to it working with everyone's schedule as well as with the other committee meetings.

#### **ASUM Update by Jeremy Lihte**

- ASUM has called for an AD-HOC meeting to finalize recommendations that were discussed at the most recent meeting. The Ad-Hoc meeting will be held on the 14<sup>th</sup>.
- At ASUM's meeting in October they discussed priorities and goals for the year as well as formulating those goals and priorates into recommendations. A few areas of concern for ASUM were concerning Long-term treatment facilities, Sober Living programs as well as Skilled Nursing Facilities who are not utilizing MAT due to the data around the dangers of abstinence-based recovery treatment, these FDA approved treatment options for opioid use as well as alcohol use should be required at every treatment center as an option.
  - -the second topic of discussion was looking at other states who have already adopted a successful EHR system to look at how we can implement a better system here in NM for providers to be able to more easily audit, bill Medicaid, access patient information and files, among many other features. Jeremy recommended gathering data from other states to bring here to share how this would greatly improve access to care among many other benefits for NM providers, and consumers.
- ASAM has officially changed their name from ASAM to ASUM.

#### MAC update By Carol Luna-Anderson

- SAMSHA is requiring each Medicaid in the state to make changes to their council and committee structure. Therefore, requiring HCA and Medicaid in our state to look at the membership of the committee and that there be a second council form; a subgroup which will be made up of persons who are the beneficiaries of Medicaid. This includes adults receiving Medicaid, parents of children who receive Medicaid, etc. To bring about this change, the Medicaid Advisory Board has organized 2 sub-committees to look at this implementation. This is to begin next year. The membership and the bylaws are being looked at in accordance with this change being implemented by SAMSHA.
- Housing barriers are a huge concern -Lisa Howley with BHSD has been working very hard to expand and to get housing budgets endorsed through this waiver. There was talk within the ASUM committee yesterday of priorities and recommendations that can be made around housing.

# **Behavioral Health Day 2025 AGENDA and Updates**

- BH Day at the Roundhouse will be on Wednesday, Feb 26<sup>th</sup>. The date for the roundhouse is set in stone so all other events are being planned around this date. The roundhouse will be held from 9am-12pm on Wednesday Feb 26<sup>th</sup>.
- We will have a training day on Monday the 24<sup>th</sup> at the Convention Center; the Convention Center has been held for that day. Trainings and CEU's will be provided for our CPSW's, Family Peers, CPS, etc.
  - -Cathi Valdez, the Interim Executive Director of the NM CBBHP will be spearheading this training portion of BH day and in collaboration with NMSU and OPRE, will be providing free CEU's for the various trainings on this day. There are 11 trainings that will be provided on this day. A 'Wellness Room' will be provided during the training day on Monday for those in attendance to be able to take a break from training and practice selfcare and mindfulness with various healing practices that will be provided.
- Tuesday morning- Feb 25<sup>th</sup>, will be the BHPC Council Meeting (9am-12pm) where Strategic Planning will be the focus of the meeting for BHPC members, then in the afternoon a Stars Ceremony where the Stars can receive their awards and give a small speech will be held from around 1:30-4- at the Stars Ceremony the stars can invite their family and/or co-workers. The in the evening on Tuesday the 25<sup>th</sup>, we will hold the more seclusive Stars Dinner where the stars, Legislators and those in attendance will be able to network- this will be held from 6-8pm.
- Star Nominations will go out Dec 3<sup>rd</sup> and will be due by January 15<sup>th</sup>. Please start
  thinking of those you may like to nominate for our BH Star awards as well as for the
  Carol Luna Anderson Award, Lifetime Achievement and a John Henry award which is the
  award that goes to a special Animal who has impacted Behavioral Health in some way.
- We are also trying to plan another 'Artist in Recovery' portion of BH Day and are needing to get a call out to artists around NM who may want to showcase their artwork at Behavioral Health Day on Tuesday the 25<sup>th</sup> during the various Star's Award Ceremonies. An application for this will go out hopefully by Monday Jan 13<sup>th</sup>.

Other Awards people can be nominated for include:

<u>The John Henry Award-</u> This award is a special award for an Animal who has made an impact in the Behavioral Health Field.

<u>The Carol Luna- Anderson Award</u>- Someone who has really moved the needle on peer work, someone who has been a long-time community member in the BH field.

<u>The Lifetime Achievement Award</u>- this award is for someone who has been in the field and benefitted their community in many ways over many years. This award could be for someone close to retirement, or someone who has been in long-term recovery for a very long time and has used their lived experience to help others.

-The call for presenters has been sent out

-The call for nominations has been sent out and the deadline for nominations to be turned in is January  $15^{\rm th}$ .

#### LINKS TO STAR NOMINATION APPLICATIONS:

Please nominate 2025 Stars! https://forms.gle/6RFpdHirqwUd1qTH8

Lifetime Achievement: https://forms.gle/kMvAZXgXPcnMMkQn8

Carol-Luna Anderson Award: https://forms.gle/CwUF3AadjSswA1mx8

John Henry Award: https://forms.gle/nJoyXqy45gN9wy6z9

# Quality Service Review Data Report

presented by two Peer Advocates:

Mariah Kennedy (adult survey review) & Melissa Beery (Adolescent survey review)



CPS Presentation 2024 Survey Results (CTRL click for the entire presentation)

The results shows that New Mexico continues to maintain a high level of responsiveness to the needs of consumers and families. Thanks to the CSP Program for keeping quality at the center of everyone's focus.

INVESTING FOR TOMORROW, DELIVERING TODAY.

Meeting Adjourned.